

"When Things Go Bad"

Division Chief Paul Capo

Firefighter Rescue & Survival Seminar with Physiology of Self Preservation

Saturday, January 28th, 2023
08:00 – 17:00

Hosted by the
Estes Valley Fire Protection District
\$60 with lunch provided



In this full day of classroom training, the student will have a complete understanding of the roles and responsibilities during a firefighter rescue regardless of your position. You will learn how to rescue other firefighters (R.I.T.) and how to save yourself (Firefighter Survival), by watching captivating live fatality videos and discussing case studies. This course teaches *R.I.T. Responsibilities* for the tailboard firefighter up to the commanding officer. Also discussed will be:

- *Survival Size-Up*
- *Proactive Tasks of the R.I.T.*
- *Tools and Equipment*
- *Command and Control of a MAYDAY*
- *Search Patterns*
- *Assessment, Packaging, and Drags*
- *Firefighter Extrication*
- *Mayday! What it is and how to use it*
- *Radio Communications*
- *SCBA Emergencies*
- *Reorientation Techniques*
- *Self-Rescue/Bailout Techniques*

During a firefighter rescue or firefighter survival event, hormonal induced tachycardia (fight or flight) will overwhelm you. In this program you will learn why some firefighters do irrational things leading to fatal events. We will learn how to alter our training so that we can execute appropriately under survival stress.

<https://www.estesvalleyfire.org/> to Register

**Training @ YMCA 2515 Tunnel Rd,
Estes Park, CO 80511
Dakota Hall**

About The Instructor:

Paul Capo has been a firefighter since 1996 and serves as the Division Chief of Operations and Training with the Estes Valley Fire Protection District in Estes Park, Colorado. Paul Capo is the Founder of When Things Go Bad, Incorporated where he develops a vast compliment of firefighter curriculum and training. His diverse teaching includes, but not limited to, FDIC (Fire Department Instructors Conference), Fire House Expo, Orlando Fire Conference, Fire Rescue East, Wichita HOT, etc. where he trains on multiple subjects in fire service academia. He and his crew can be seen on Fire Engineering's Training Minutes as well as in the When Things Go Bad training digital video series. Paul has his B.A.S. in Public Safety Administration, Masters in Biblical & Theological Studies and is passionate in all areas of firefighting.

ESTES VALLEY FIRE PROTECTION DISTRICT

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